

# BENCH to BENCH Kilburn

*We're relaunching our local walks!* DRAFT

Since 2016 KOVE has run a popular programme of guided walks, locally and across London. In the year ahead we want to focus on people who find it hard to get out and about and want to rebuild their confidence near to their home. Join us on:

**Wednesday, June 4<sup>th</sup> 2025**

**KILBURN GRANGE PARK**

All very welcome – starting time 1.30pm

Meet at the **Messina Avenue** entrance.

***Learn more about the story behind our beautiful park with historian Dick Weindling. Free refreshments!***

**Kilburn Older Voices Exchange (KOVE)**

No need to book. Contact Lynda Stuart on 07773 267505

[www.kove.org.uk](http://www.kove.org.uk)