

## Activities for older people



May – July 2026

### in and around Kilburn

### ***Walks – campaigning- games – discussion – socials – museums – meals – arts***

Our regular events continue without fail - note change of venues due to May Day holidays.

We need your Spring Clean items asap for our fundraising plus small items for the Lucky Dip.

#### May 2026

Fri 1	Fun & games	11-12.30pm Relax at Lauriston Lodge, Barlow Road, NW6 2BH.
Sun 3	Roast dinner	1pm pub grub North London Tavern, 375 Kilburn High Road, NW6 7QB. Enjoy eating together, KOVE discount
Mon 4	Get together at KOVE's Forum	11am-12.30pm. Share what's happening, celebrate May Day at the Grange Park play hut (note Kiln is closed)
Wed 6	Supported walk Grange Park	1pm, gentle walk round the park with refreshments. Meet John at park entrance by Black Lion pub, Kilburn High Road, NW6 2BY
Sat 9	Irish festival	KSOM community festival at the Grange park play hut 11-6
Fri 15	Fun & games	11-12.30pm Relax at Lauriston Lodge, Barlow Road, NW6 2BH.
Thurs 21	W H & Kilburn Pensioners	1.30pm Sycamore Hall, 27 West End Lane, NW6 4NY Age UK discuss transport issues
Wed 20	Bench to Bench London	The Coming of Age exhibition. Late spring walk through Bloomsbury squares to the Wellcome Collection on Euston Road. Meet John at Russell Square tube at 1.30pm
Mon 25	Community get together	Lynda 07773267505 welcomes you to board games & refreshments. Spring Bank Holiday. <b>Meet at Grange Park play hut</b>

#### June 2026

Mon 1	Get together at KOVE's Forum	11am-12.30pm. Share what's happening. Georgia James explaining Camden's clean air initiative and seeking KOVE's support. Kiln, 269 Kilburn High Road, NW6 7JR.
Wed 3	Supported walk Grange Park	1pm, gentle walk round the park with refreshments. Meet John at park entrance by Black Lion pub, Kilburn High Road, NW6 2BY
Fri 5	Fun & games	11-12.30pm Relax at Lauriston Lodge, Barlow Road, NW6 2BH.
Sun 7	Roast	1pm pub grub North London Tavern, 375 Kilburn High Road, NW6 7QB. Enjoy eating together, KOVE discount

Sat13	Into the Park	Kilburn State of Mind festival, <b>Queens Park</b> 11 – 5 pm Helpers needed on our bric a brac stall, Lynda 07773267505
Wed 17	Bench to Bench London	David Hockney -a year in Normandie exhibition at the Serpentine gallery. Walk through Hyde Park from Marble Arch. Meet John at Kingsgate Place 98 bus stop on Kilburn High Road 1.30pm
Thur 18 June	Kilburn & WH Pensioners	1.30pm Sycamore Hall, 27 West End Lane, NW6 4NY Topic to be announced
Fri 19	Fun & games	11-12.30pm Relax at Lauriston Lodge, Barlow Road, NW6 2BH.
Wed 24	Summer walk in Regents Park	Meeting Baker St. Station, exit outside Boots chemist 1.30pm. Beautiful Park, lake, swans, waterfall, rose garden in bloom and <b>new Queen Elizabeth II Garden</b> . Refreshments in café garden. Leader Marie 07849876425
Mon 29	Community get together	Lynda welcomes you to board games and refreshments Netherwood Youth & Family Hub welcome all to develop interests. 5 Netherwood Street NW6 2QU 11 – 1pm

## July 2026

Wed 1	Supported walk Grange Park	1pm, gentle walk round Grange park with refreshments. Meet John at entrance near the Black Lion on Kilburn High Road.
Thurs 2	Special Invite	London Children's Ballet, matinee, Anne of Green Gables, Peacock Theatre WC2A 2HT Book with Lynda awaiting details
Fri 3	Fun & games	11-12.30pm Lauriston Lodge, Barlow Road, NW6 2BH
Sun 5	Roast dinner	1pm pub grub North London Tavern, 375 K H R, NW6 7QB
Mon 6	Get together at KOVE's Forum	11am-12.30pm. Kiln, 269 Kilburn High Road, NW6 7JR (middle of ground floor). Share what's happening
Wed 8	Bench to Bench London	London squares walk 1. With local historian Paul Hayes – details to be announced! Meet John at West Hampstead overground station at <b>1.00pm.</b>
Sat 11	One Kilburn Festival	Grange Park afternoon: stalls, activities and launch of KOVE toilet scheme (year 3!)
Thurs 16	Kilburn & WH Pensioners	1.30pm Sycamore Hall, 27 West End Lane, NW6 4NY Topic to be announced (No August meeting)
Fri 17	Fun & Games	11-12.30 Lauriston Lodge, Barlow Road, NW6 2BH.
Wed 22	Bench to Bench London	London squares walk 2. Details to be announced! Meet John at West Hampstead overground station at <b>1.00pm.</b>

Mon 27	Community Get together	Lynda welcomes you to board games and refreshments Youth hub, 5 Netherwood Street, NW6 2QU 11 – 1pm
Thur 30	Kilburn Magical Mystery tour	1.30 meet Mel Wright at Kilburn High Road station: townscape archaeology, interesting buildings, popular music landmarks and bench trail survey ~ checking all present and correct!
Fri 31	Kiln PLAY	Intergenerational 'Heart of Kilburn' (2 performances on Saturday)

Do always allow good time to meet up & help with introductions. It is your KOVE!

If you no longer wish to receive this programme, know someone who wants to get it, or have a query contact Lynda : [chair@kove.org.uk](mailto:chair@kove.org.uk) phone 0777 326 7505 [www.kove.org.uk](http://www.kove.org.uk)