Activities for older people

Nov 26 – Jan

in and around Kilburn

Walks – campaigning- games – discussion – socials – museums - meals – arts

More great fundraising: childs lucky dip items / bric a brac to Lynda 07773267505

We mark World Toilet Day with our annual procession on Kilburn High Road, Saturday November 21st. Meet at Netherwood Youth Hub 1.30pm, refreshments - hope a filmshow. Homemade banners welcome, finish with free hot drink.

Please come to our *25th* Anniversary AGM, share reflections and the future. Thursday November 26th 1.30 -3.30. Sycamore Hall, 27 West End Lane, NW6 4NY

Donated paintings Auction



Thanks to KSOM & One Kilburn the Philharmonic orchestra returns to the Gaumont State, 199 Kilburn High Road, NW6 7HY, Friday 11th Dec., doors open 6.30pm. Christmas music -discounted tickets, balcony & mezzanine from Lynda

November 2026

Sun 1	Roast dinner	1pm pub grub North London Tavern, 375 Kilburn High Road, NW6 7QB. Enjoy eating together & catch up on what's happening.
Mon 2	Get together at KOVE's forum	11-12.30 Get together at the Kiln, 269 Kilburn High Road, NW6 7JR. Middle of ground floor. Share what's happening.
Mon 2	Age Friendly Brent	Wembley Civic Centre, HA9 0FJ. 11 – 3. Lunch provided. Please book with Lynda 07773267505
Wed 4	Supported walk	1pm, gentle Grange Park walk with refreshments. Meet John at park entrance by Black Lion pub, Kilburn High Road, NW6 2BY
Fri 6	Fun & games	11-12.30pm Relax at Lauriston Lodge, Barlow Road, NW6 2BH.
Wed 11	Bench to Bench	Meet West Hampstead 12.45, John & Paul exploring the spaces between the New River and the Fleet

Thur 19	Kilburn & WH pensioners	1.30 Local councillor to explain the work of councillors. Sycamore Hall, West End Lane, 27 West End Lane, NW6 4NY
Fri 20	Fun & games	11-12.30pm Relax at Lauriston Lodge, Barlow Road, NW6 2BH.
Sat 21	World Toilet Day	Procession & leafletting K H R. Meet 1.30 inside Netherwood Youth Hub, 5 Netherwood Street, NW6 2QU. Refreshments
Thur 26	Annual General meeting	1.30 Sycamore Hall, West End Lane, 27 West End Lane, NW6 4NY Speakers, your voices, information, companions, **NEED YOU**
Mon 30	Community get together	Lynda 07773267505 welcomes you to board games & refreshments 11 – 12.30, Netherwood Youth hub, 5 Netherwood Street, NW6 2QU
	December	**2026**
Wed 2	Supported walk	1pm, gentle Grange Park walk with refreshments. Meet John at park entrance by Black Lion pub, Kilburn High Road, NW6 2BY
Fri 4	Fun & games	11-12.30pm Relax at Lauriston Lodge, Barlow Road, NW6 2BH.
Fri 4	Extravaganza	3pm O K club, seasonal stalls, Denmark St., NW6 5BP Link up with S Kilburn, well worth it.
Sun 6	Roast dinner	1pm pub grub North London Tavern, 375 Kilburn High Road, NW6 7QB. Enjoy eating together & catch up on what's happening.
Mon 7	Get together at KOVE's forum	11am-12.30pm. Kiln, 269 Kilburn High Road, NW6 7JR. Middle of ground floor. Share what's happening.
Fri 11	Christmas music	Doors 6.30pm, return of the Philharmonic to the **Gaumont State theatre**. Tickets Eventbrite, limited number Lynda
Fri 18	Fun & games	KOVE **winter party** Gift swop, celebration, talent 11-12.30pm Relax at Lauriston Lodge, Barlow Road, NW6 2BH.
****	**********	Wishing you a peaceful & happy Christmas
		January 2027
Fri 1	Fun & games	11-12.30pm Lauriston Lodge, Barlow Road, NW6 2BH
Sun 3	Roast dinner	1pm pub grub North London Tavern, 375 K H R, NW6 7QB
Mon 4	Get together at KOVE's forum	11am-12.30pm. Kiln, 269 Kilburn High Road, NW6 7JR (middle of ground floor). Share what's happening

Wed 6	Supported walk (tbc)	1pm, gentle Grange park walk with refreshments. Meet John at park entrance by Black Lion pub, Kilburn High Road, NW6 2BY
Fri 15	Fun & games	11-12.30 Lauriston Lodge, Barlow Road, NW6 2BH.
Thur 21	Kilburn & WH pensioners	1.30pm Sycamore Hall, 27 West End Lane, NW6 4NY Topic to be announced.
Mon 25	Community get together	Lynda welcomes you to board games and refreshments. Youth hub, 5 Netherwood Street, NW6 2QU 11 – 12.30pm

Do always allow good time to meet up & help with introductions. It is your KOVE! If you no longer wish to receive this programme, know someone who wants to get it, or have a query contact Lynda : chair@kove.org.uk phone 0777 3267505